Chaplain Thoughts 2024-25



Prior to the prayer the chaplain can choose to use a thought from the following:

- 1. "It is not the critic who counts; not the man who points out where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena." Theodore Roosevelt
- 2. "We must always aim for the things which bring peace and compassion to all." Paul Roman
- 3. "If we don't find some tie with the past, I believe we will leave no way for the future to tie to us." Wilford Griggs, archaeologist
- 4. "The heritage of the past is the seed that brings forth the harvest of the future." Etched in stone at the U.S. National Archives Building, Washington, D.C.
- 5. "This I would like to be: honest and bolder, Just a bit wiser because I am older. Just a bit kinder to those I meet. Just a bit braver taking defeat. Just a bit quicker to stretch out my hand. Helping another who's struggling to stand." Author Unknown
- 6. "Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough." Oprah Winfrey
- 7. "A joyful spirit is evidence of a grateful heart." Maya Angelou, author and poet
- 8. "Legendary basketball coach, John Wooden, taught his players to "be a good man in the storm." This was practiced and passed on to their children." Told by Mark A. Bragg, one of those children.
- 9. "Eliza R. Snow understood that true pioneering really starts to happen when things get hard." Bruce R. McConkie
- 10. At the 2023 Chaplain Training Seminar for US Military, speaker Dawn Dimick honored the service of Utah Pioneer women. "These women performed ministry before centralized endorsement and they often didn't know of one another...they did it to follow the call God had placed on their life."
- 11. "We must find time to stop and thank the people who make a difference in our lives." Epicurus
- 12. "The most beautiful moments in life are moments when you are expressing your joy." Jaggi Vasudev
- 13. "One is all it takes! One choice is enough to make great things happen. One step is enough to move you forward, One act of kindness is enough to start a chain reaction of caring that changes the world, and One person is enough to make a difference in someone's life."